

In the Classroom Activity Support Information

Activity – Fatal Vision Goggles:

Purpose: The purpose of the goggles is to demonstrate to students that using alcohol distorts their perceptions, upsets their balance, makes ordinary activities difficult, and can make some activities (like driving a car or riding a bike) deadly.

Directions: IMPORTANT - Be careful that you do not give the impression that feeling drunk is fun or funny.

Set up an obstacle course in a somewhat large area. This course can have several orange traffic cones set up along a line with a picture of a tree, a child, a house and a dog on either side of the line.

Have the student try an activity (catching a ball, tossing a ball in the air, walking the cone line or riding a tricycle around the cones) first without the glasses. Then have the student try the activity again with the glasses on. There are day and night time goggles.

Local police officers or a State Patrol officer can be effective at this station.

Make sure there is a spotter present to assist the students doing the activity (especially if they are getting on a trike, as their balance is very bad and they could get hurt).

Show the poster portraying the results of Jacqui Saburido's life-altering accident caused by a drunk driver. Play the YouTube video below if possible. This is dramatic and convincing.

Teaching points:

- Drinking alcohol can cause problems with mood, judgment, reflexes, balance and control.
- Many bad things happen under these circumstances, including car crashes, falls, biking and walking injuries, fights and assaults.
- Never drive with someone who has been drinking. No one should drive if they have been drinking.
- It is illegal in the state of Colorado to drink if you are under the age of 21.
- Young people who drink have a far greater chance than adults of having a crash, getting in a fight, being assaulted, being poisoned by alcohol, or becoming addicted. The law is there to protect young people.
- Even though wearing the goggles can be fun and strange feeling, they have a very serious message. Keep it serious.
- http://www.youtube.com/watch?v=ej_2uT7D8yI&feature=related
- <http://www.statesman.com/news/content/news/stories/local/2009/09/13/0913jacqui.html>

Take Home Messages:

- Alcohol distorts perceptions and upsets balance, makes ordinary activities difficult and activities (like driving a car or riding a bike) deadly.
- Alcohol also causes poor judgment and depression resulting in bad or potentially life threatening choices.

Care of Materials:

- The goggles should be handled carefully, as to not break them.
- Keep track of them so they don't "walk off".