



class of 2015 (a presentation on binge drinking)

Underage drinking has always been an issue in high schools, but rates of teenagers drinking **TO GET DRUNK** are growing at an alarming rate.

Of course any level of drinking is unsafe, but binge drinking presents unique and immediate risks that may be unfamiliar to teenagers. (*Altered athletic performance for two weeks after getting drunk? Fetal Alcohol Syndrome in an unplanned pregnancy?*)

This eight-minute presentation specifically addresses binge drinking through fast-paced stories and facts designed for high school students.

Activities:

1. Write a thirty-second Public Service Announcement to be read during school announcements, giving your classmates a new and creative reason to choose not to get drunk.
2. Look through magazines for alcohol advertisements that promote getting drunk. Create a counter-advertisement that shows the reality and the consequences of getting drunk.

Websites for More Info:

1. www.kyprevention.com
2. <http://teens.drugabuse.gov/>

Questions for Discussion:

1. What are some reasons teenagers choose to get drunk?
2. What are some reasons teenagers choose NOT to get drunk?
3. Name one consequence of binge drinking that is new to you after seeing this show.
4. What do you think about the brain-based definition of binge-drinking?
(4 + for males, 5 + for females)